

Caterpillar food plants

Nettles

Comma
Red Admiral
Small Tortoiseshell
Peacock

Grasses

Essex Skipper
Small Skipper
Silver-spotted Skipper
Large Skipper
Marbled White
Grayling
Meadow Brown
Gatekeeper
Small Heath
Ringlet
Speckled Wood
Wall Brown
Mountain Ringlet
Scotch Argus

Tor-Grass

Lulworth Skipper

Bird's Foot Trefoil

Clouded Yellow
Wood White (& Vetchling)
Common Blue (Black
Medick & Clover)
Dingy Skipper
Green Hairstreak
Silver-studded Blue

Horseshoe Vetch

Chalkhill Blue
Adonis Blue
Dingy Skipper
Silver-studded Blue

Kidney Vetch

Small Blue

Crucifers (Garlic Mustard, Honesty, Lady's Smock etc)

Orange Tip
Green-veined White

Buckthorn (Alder or Purging)

Brimstone

Honeysuckle

White Admiral

Violets

Pearl-bordered Fritillary
Small Pearl-bordered Fritillary
High Brown Fritillary
Dark green Fritillary
Silver-washed Fritillary

Thistles & Burdock

Painted Lady

Cow Wheat, Foxglove & Plantain

Heath Fritillary

Devil's Bit Scabious

Marsh Fritillary

Sallow

Purple Emperor

Oak

Purple Hairstreak

Elm English or Wych

White-letter Hairstreak

Sloe (Blackthorn)

Brown or Black Hairstreaks

Sorrel or Dock

Small Copper

Wild Thyme

Small Blue, Large Blue

Holly & Ivy

Holly Blue

Cowslip & Primrose

Duke of Burgundy

Gorse & Broom

Silver-studded Blue
Green Hairstreak

Common Rock Rose & Storks Bill

Brown Argus
Green Hairstreak
Silver-studded Blue

Agrimony/ Creeping Cinquefoil/ Wild Strawberry

Grizzled Skipper

Milk Parsley

Swallowtail

Nasturtium/Cabbage-all Brassica's

Large White
Small White
Green-veined White

Heather

Silver-studded Blue

For more information contact:
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**Butterfly
Conservation**

Saving butterflies, moths and our environment